



TIGERS – 4 To 5 Years

DAILY PROGRAMME



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07H00 – 08H30 Arrival, breakfast and toilet

08h30 – 09h00 Morning ring and exercise

09h00 – 09h50 Creative art

09h50 – 10h00 Wash hands

10h00 – 10h20 Snack - fruit/bread and tea

10h20 – 10h40 Maths

10h40 – 11h00 Home language

11h00 – 11h20 Physical education/Performing arts

11h20 – 11h45 Free outdoor play

11h45 – 11h55 Wash hands

11h55 – 12h15 Story

12h15 – 12h30 **LUNCH**

12h30 – 14h30 Sleep

14h30 – 15h30 Wake up, toilet and snack

15h30 – 16h30 Outdoor playtime (weather permitting)

16h30 – 17h30 Indoor play and parents collect