



MENU

Week 1

Monday

Spaghetti Bolognaise

Tuesday

Dhal and Rice

Wednesday

Irish Stew and Rice

Thursday

Mince Bredie and Rice

Friday

Pizza or Drumsticks and Fried Potato



MENU

Week 2

Monday

Lentil Bredie and Rice

Tuesday

Macaroni and Cheese

Wednesday

Sausage with Bake Beans

Thursday

Fish Pie or Fish Bake

Friday

Vienna and Chips